

**Ministry of Spiritual Direction
St Thomas Apostle Parish
60 Byrd Ave
Bloomfield, NJ 07003**

**NEW YEAR
NEW BEGINNINGS
RETREAT DAY
Guided Retreat
for
Men & Women
Saturday, January 9, 2010
9:00am - 4:00pm
Parish Center**

**"Rise up, be off to the potter's house;
there I will give you my message."
Jeremiah 18:2**



Though the holidays bring many graces and blessings
often they bring pressure, disappointment and
anxiety for many of us.

This day we will take time to explore some of these areas
that require self-knowledge & awareness in hopes that all will
lead to a deeper intimacy with Our God.

***Please Register by Jan 7
Anna - (973) 338-9538
Offering
Light Continental Breakfast
Bag a Lunch
Offering \$25***