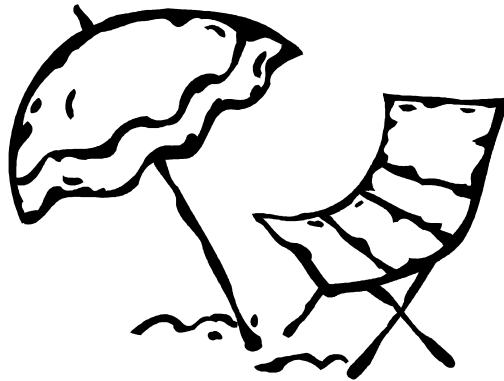


Ministry of Spiritual Direction
St Thomas the Apostle Parish
Bloomfield, NJ

**Summer Directed Retreat
By The Ocean
Thurs June 24 – Sun June 27
OR
Thurs July 1 – Sun July 4**



**The Upper Room Spiritual Center
West Bangs Ave
Neptune, NJ
Exit 100B off the Garden State Parkway
5 mins from the Beach**

***“I have come that you may have life
and have it to the full!” (Jn.10:10)***

**Come and experience the healing power of
God’s unconditional loving presence and the gift
it holds for restoring your sense of well-being.**

- ***Home cooked meals***
- ***Private rooms***
- ***Air conditioned building***
- ***Beach just 7 minutes away***
- ***Peaceful surroundings,***
- ***Private Daily Meetings With a Spiritual Director***
- ***Those generous surprises from God.***

**For more information call:
Anna - 973-338-9538
Offering -\$250
(Reservations limited)**