**Athlete's Prayer**

In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

**Prayer before the Game**

God,

Please be with me and my teammates as we prepare for our game.  
Help us to do our best and to remember the skill we have practiced.  
Help us to work together to achieve our goal, whether we win or lose.

God, be with our opponents also.  
They too have worked hard.  
Help us to remember to be good teammates and competitors and keep us safe as we play.

Amen

**Athlete's Prayer**

Father, thank you for the abilities you give me to play my sport.  
Jesus, be with me as I play that I might do my best.  
Holy Spirit, inspire me as I compete.  
May I always play fairly and with respect of my opponents.  
Whatever the outcome of this game, bless me, Father, Son, and Holy Spirit.  
Amen.

**The Our Father**

Our Father, who art in heaven, hallowed be thy name;  
thy kingdom come; thy will be done on earth as it is in heaven.  
Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.  
Amen.

Saint Sebastian, Patron Saint of Athletes, Pray for us.

Live Jesus in our hearts forever!